

BIG IDEAS

HAPPY Easter



EXPRESS SELF-CARE/LOVE WITH THESE QUOTES!

SAYING
No
CAN BE THE BEST
FORM OF
self-care

IMPORTANT DATES IN APRIL

Autism Awareness Month

April 2: Autism Awareness Day

April 6: International Asexuality Day

April 7: Humbolt Broncos Green Shirt Day

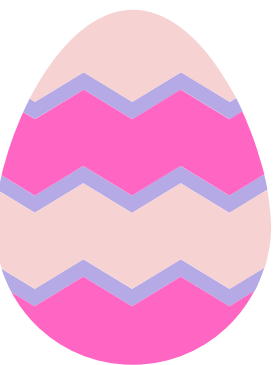
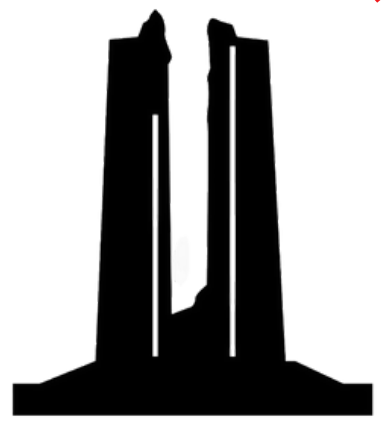
April 9: Anniversary of the Battle of Vimy Ridge

April 14: Vaisakhi - Sikh New Year (Sikhism)

April 15: Good Friday (Christianity)

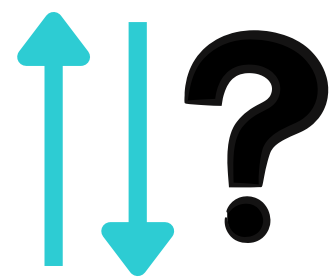
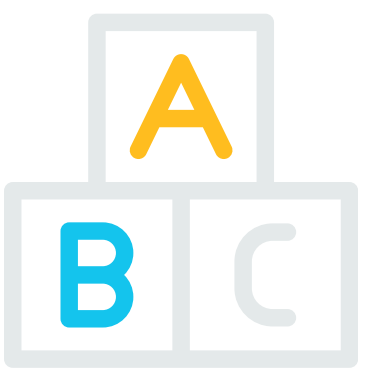
April 15- 23: Passover (Judaism)

April 18: Easter Monday (Christianity)



RIDDLES AND GIGGLES

- How many letters are in The Alphabet?
- What goes up, but never comes down?
- Why did the mushroom have so many friends?
- What game do tornados play?
- What animal sleeps with its shoes on?



1. There are 11 letters in The Alphabet
2. Your age!
3. Because he was a fungi!
4. Twister.
5. A Horse



it's not selfish to
Love Yourself,
TAKE CARE
of yourself
& to make your
HAPPINESS
a priority.
it's necessary



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EXPAND POSSIBILITIES WITH A TRIP TO...



All Things Easter

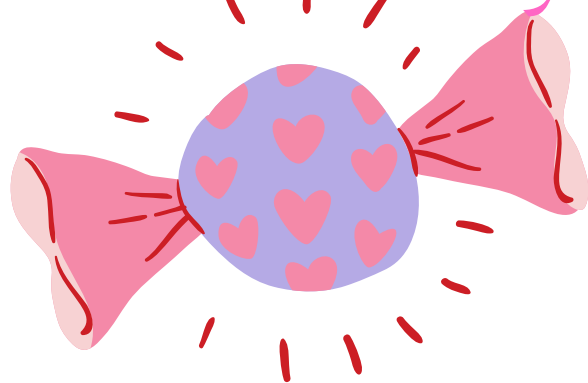


[Click Here](#) to find the fun links

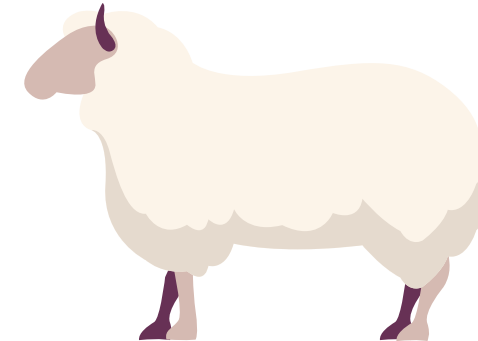
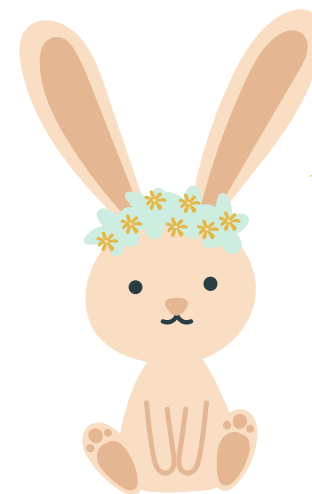
Virtual Easter Egg Hunt Sing Easter Songs



Visit a Chocolate
Factory



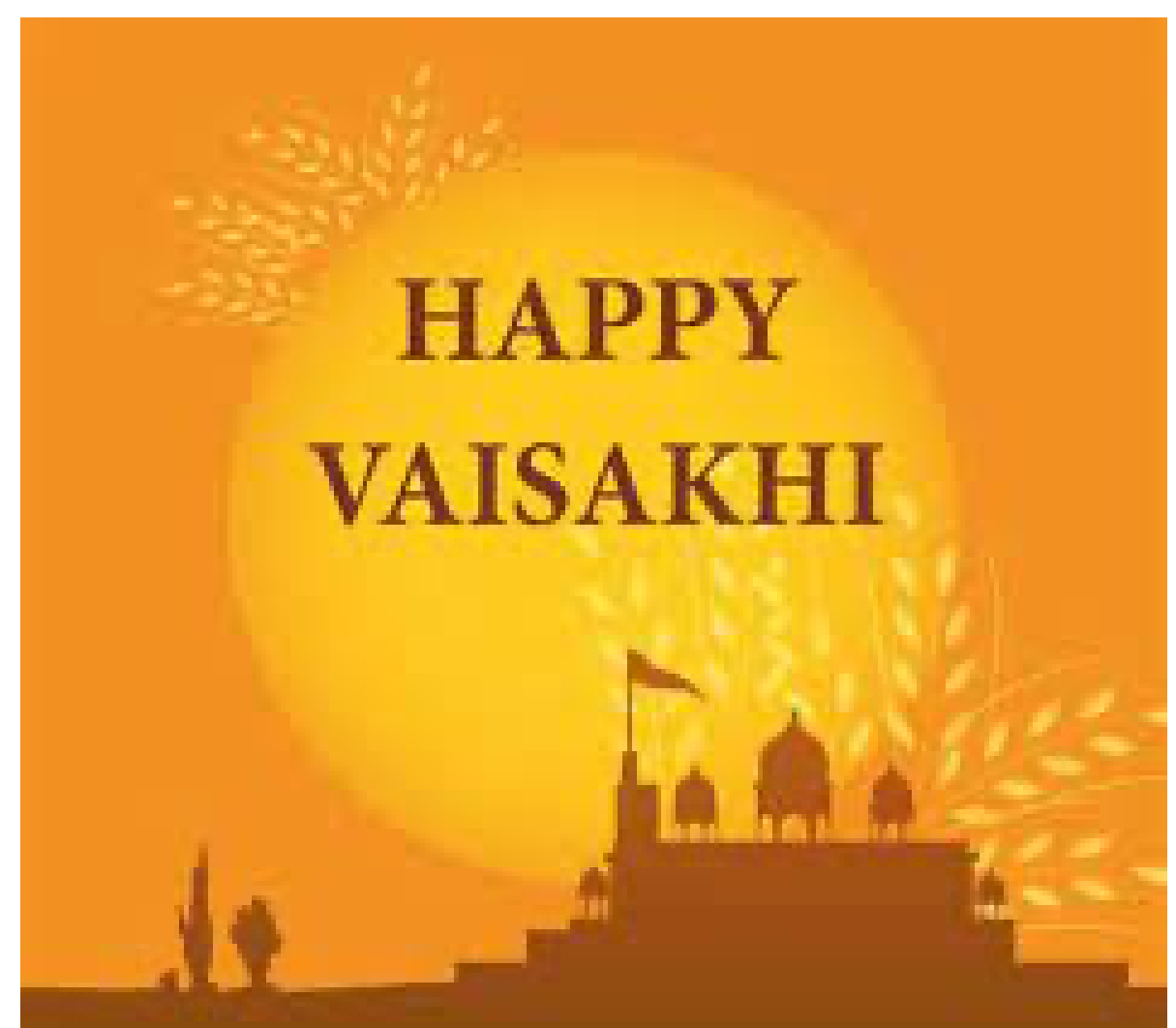
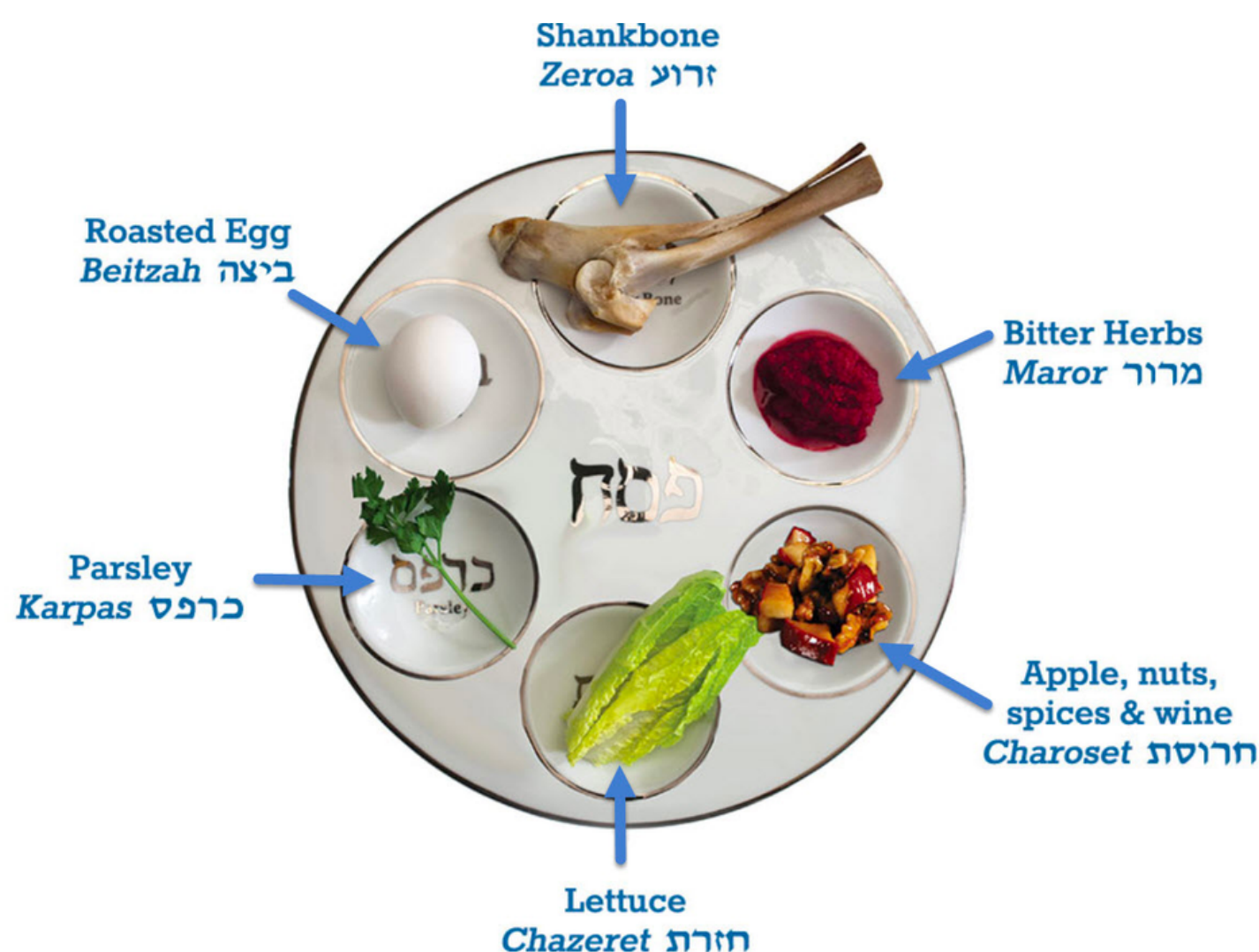
Take A Trip To An
Animal Farm



CHALLENGE YOUR GROWTH WITH THESE BIG LINKS

[Click here](#) to learn
about Passover and the
significance of the
Seder plate.

[Click here](#) to find
Vaisakhi activity sheets
and colouring pages for
the whole family!



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SHARE POWER AND COLLABORATE ON THESE ACTIVITIES

Celebrate Spring! Bake Some Spring Sugar Cookies!

[Click Here](#) for the recipe and video tutorial!



CHECK OUT THESE RESOURCES THAT PROVIDES SUPPORT



Take a self-care timeout!
[Click Here](#) to learn about mindfulness and meditation, and find exercises to calm your mind and body.



AutismONTARIO

[Click Here](#) and learn about Autism. Find resources, support and much more!



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