







### IMPORTANT DATES IN MARCH

March 8 - <u>International Women's Day</u>

March 20: Nowruz

March 21- International Day for the Elimination of Racial

<u>Discrimination</u>

March 22 - Purple Day - Epilepsy Awareness

March 31- International Transgender Day of Visibility



## RIDDLES AND GIGGLES



- 1. What do you call an alligator in a vest?
- 2. Where did the cow's go for a bit of entertainment?
- 3. Why do bees have sticky hair?
- 4. What can run but can't walk?
- 5. How do oceans say hello to each other?

Answers:

1. An investigator

2. They go to the moo-vies

3. Because they use honeycombs

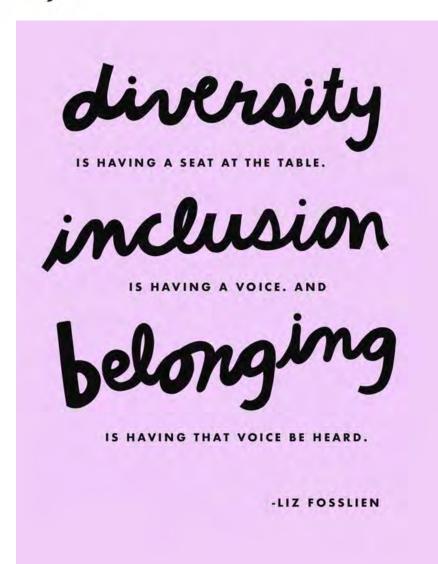
4. A drop of water

5. They wave



## TAKE TIME TO EXPRESS CARE TO YOURSELF & OTHERS













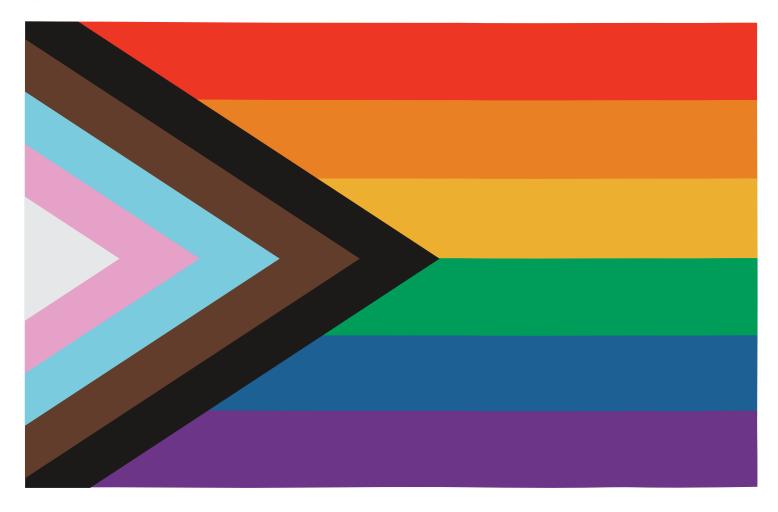
## RIGHT SUGARBUSH MAPLE SYRUP FEST

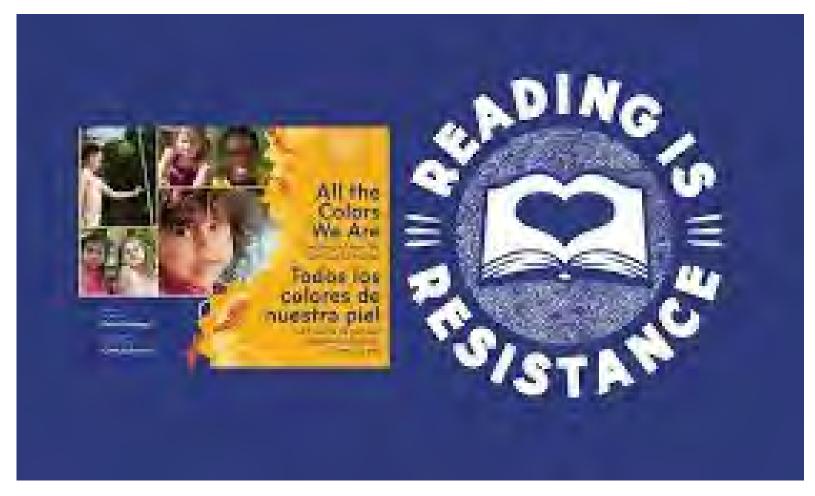
Tap into Spring with family-fun activities and maple syrup demonstrations every weekend, until April 10! For more information click here!











Click Here and become a better ALLY by learning about LGBTQ+ terminology. Always remember to LISTEN if someone tells you how they identify!

Show your support for the International Day for the Elimination of Racial Discrimination! Learn about how we get our skin colour by listening to the story, "All the Colors We Are", by Katie Kissinger. <u>Click</u> Here!

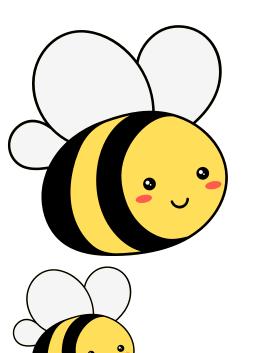


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## SHARE POWER AND COLLABORATE ON THESE ACTIVITIES

Get outside and explore with this fun Spring Scavenger Hunt! Watch, search, and see what you can find!





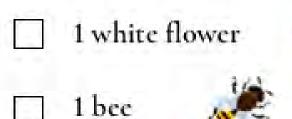


## Spring scavenger hunt!



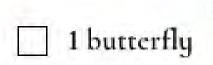


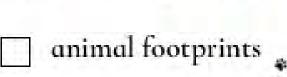


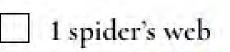


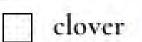
1 bird's nest





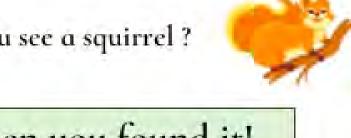






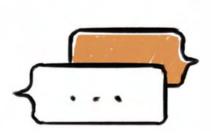


BONUS: can you see a squirrel?

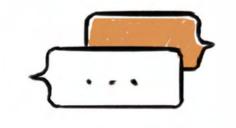




Tick the box when you found it!



# CHECK OUT THESE RESOURCES THAT PROVIDES SUPPORT



## The LGBT Youth Line

(1-888-687-9688)

A toll-free Ontario-wide peer-support phone line for lesbian, gay, bisexual, transgender, transsexual, two-spirited, queer and questioning young people. Service is available Sunday to Friday, 4:00 pm to 9:30 pm.

## **Black Youth Helpline**

(1-833-294-8650)

Innovative, professional, culturally relevant perspectives to understand and address the root causes of challenges faced by children, youth and families. A culturally appropriate resource for support. 9:00am - 10:00pm.





