



IMPORTANT DATES IN OCTOBER

Breast Cancer Awareness Month
 LGBT History Month



BIG
 IDEAS

BOO!

- October 4 & 5: Yom Kippur
- October 5: International Teachers' Day
- October 10: Thanksgiving Day
- October 10: World Mental Health Day
- October 11: International Day of the Girl Child
- October 11: National Coming Out Day
- October 24: Diwali (Hindu, Jain & Sikh)
- October 31: Halloween



RIDDLES AND GIGGLES

- If money really did grow on trees, what would be everyone's favourite season?
- Who won the skeleton beauty contest?
- What room will you never find in a ghost's house?
- What is a witch's favourite subject in school?
- What kind of bath does a vampire take in October?

1. Fall
2. No Body
3. A Living Room
4. Spelling
5. A blood Bath

EXPRESS CARE FOR YOUR COMMUNITY

Aurora's Haunted Forest

Presented by Healthy Planet

When: Saturday October 29, 2022

Time: 6:00-9:00pm

Where: Sheppard's Bush & Aurora Family Leisure Complex

- Games, crafts and charitable BBQ available onsite!
- Decorative trails and cabins for all ages.
- \$5 per person fee is inclusive of access to the indoor activities and haunted forest trail.
- Tickets are available online and will be available as of October 7th.



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EXPAND POSSIBILITIES WITH A TRIP TO...



[Click here](#) to check out 25 things to do during fall in Peel Region!



[Click here](#) to see what's going on this fall in York Region!



Come out and visit [Mississauga's 10 Day Harvest Festival](#) at Square One Shopping Centre!



Come hike with the BBBSPY team on Sunday October 16th at 11:00am at Bruce's Mill Conservation Area in support of Meghan Crook. [Click here](#) to learn more.

[Click Here](#) to watch a video about Yom Kippur



LGBT
History Month
15th Anniversary
AtoZ



[Click here](#) to learn more about National Coming Out Day!

Learn how to put together your own [Self-Care Kit](#)



CHALLENGE YOUR GROWTH AS YOU LEARN ABOUT THESE HOLIDAYS



Learn more about how Halloween first began by [clicking here](#).



Many Canadians sit with their families over a Thanksgiving dinner to give thanks for all they have. But how do other cultures give thanks? [Learn about that here](#).



Diwali is also known as the "festival of lights".



The Indian festival of Diwali is celebrated over five days, with the largest celebration being the third day. In 2022, Diwali falls on October 24. [Click the photo to the left](#) to learn more about Diwali.



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SHARE POWER AND COLLABORATE ON THESE FUN ACTIVITIES

Thanksgiving Turkey Cupcakes

What you need:

- Cupcake Mix
- Frosting
- Oreo Cookies
- Candy Corn
- M&M's
- Fudge Strip Cookies
- Cupcake Liners



Instructions:

- Step 1: Follow instructions on your cupcake mix package.
Step 2: Place cupcakes in tray with liners.
Step 3: Allow cupcakes to cool for approximately 10-15mins.
Step 4: Lay frosting of choice on the top of the cupcake.
Step 5: Separate the Oreos in half. Refer to image.
Step 6: Place M&M's in the center of the Oreo to make eyes.
Step 7: Place fudge strip cookies upright behind the eyes, adding the candy in front. This will allow the candy corn to stay up.
Step 8: Cut a candy corn in half and place it between the Oreo's to make a mouth.

YOU NOW HAVE A TURKEY CUPCAKE! ENJOY!

LET'S CARVE OUT SOME FUN!

[Click here](#) for Pumpkin Carving Ideas!

Fun Fact! After you're done with your pumpkin, donate it to your local animal sanctuary, zoo or farm. Find out more ways to reuse your pumpkin [here](#).



Click on the haunted house to complete a quiz and find out what kind of zombie you are!

CHECK OUT SOME WAYS YOU CAN PROVIDE SUPPORT TO OTHERS

We hope these **ACTS OF KINDNESS** ideas are helpful to you, so we can all spread joy to others.

1. Hold the door open for someone
2. Prepare a meal or snack for your family
3. Help someone with a chore, task or favour
4. Write someone a kind encouraging message
5. Recommend your favourite book or film
6. Recycle things you see on the ground
7. Be kind to yourself



CIBC Run for the Cure

Community Run for Breast Cancer!
Use [this link](#) below to discover volunteer opportunities, fundraisers and details about the run.

Teacher Appreciation Day

[Click Here](#) for 100 ideas on how to show your teacher you appreciate them!



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